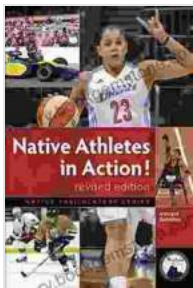


# Native Athletes in Action Revised Edition: Inspiring Stories and Strategies for Success

Native Athletes in Action Revised Edition is a must-read for any athlete, coach, parent, or anyone who wants to learn more about the challenges and triumphs of Native American athletes. This book is full of inspiring stories, practical advice, and valuable insights that will help you reach your full potential on and off the field.



## Native Athletes in Action!: Revised Edition by Vincent Schilling

★★★★☆ 4.6 out of 5

Language : English  
File size : 7022 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 122 pages  
Lending : Enabled



In this revised edition, author Kevin Abourezk has updated the stories of some of the most successful Native American athletes in the world, including WNBA star Elena Delle Donne, MLB All-Star Kyle Lewis, and NFL Pro Bowler DeForest Buckner. He has also added new chapters on topics such as mental health, nutrition, and the importance of giving back to your community.

Whether you're a young athlete just starting out, a seasoned pro, or a coach looking to motivate your team, *Native Athletes in Action Revised Edition* has something for you. This book is a celebration of the Native American spirit and a reminder that anything is possible with hard work and determination.

## **Inspiring Stories**

The heart of *Native Athletes in Action Revised Edition* is the inspiring stories of Native American athletes who have overcome adversity to achieve success. These stories are a testament to the power of the human spirit and the importance of never giving up on your dreams.

One of the most inspiring stories in the book is that of Elena Delle Donne. Delle Donne is a two-time WNBA MVP and an Olympic gold medalist. She was born with Lyme disease, which caused her to miss two years of high school basketball. But she never gave up on her dream of playing in the WNBA. She worked hard to overcome her illness and eventually became one of the best players in the world.

Another inspiring story is that of Kyle Lewis. Lewis is an MLB All-Star and the 2020 American League Rookie of the Year. He was drafted by the Seattle Mariners in the first round of the 2016 MLB draft. But he struggled in the minors and was almost released by the team. However, he never gave up on his dream of playing in the majors. He worked hard to improve his skills and eventually made his MLB debut in 2019. In 2020, he had a breakout season, hitting .262 with 31 home runs and 93 RBIs. He was named the AL Rookie of the Year and helped the Mariners reach the playoffs for the first time since 2001.

These are just two of the many inspiring stories in *Native Athletes in Action Revised Edition*. These stories are a reminder that anything is possible with hard work and determination. They are also a celebration of the Native American spirit and the importance of never giving up on your dreams.

## **Practical Advice**

In addition to inspiring stories, *Native Athletes in Action Revised Edition* also provides practical advice for athletes of all levels. This advice covers a wide range of topics, including:

- How to set goals and achieve them
- How to overcome adversity
- How to stay motivated
- How to train and recover properly
- How to eat healthy
- How to give back to your community

This advice is based on the experiences of successful Native American athletes. It is practical, actionable, and can help you reach your full potential on and off the field.

## **Valuable Insights**

In addition to inspiring stories and practical advice, *Native Athletes in Action Revised Edition* also provides valuable insights into the challenges and triumphs of Native American athletes. This book will help you understand the unique challenges that Native American athletes face, such as racism,

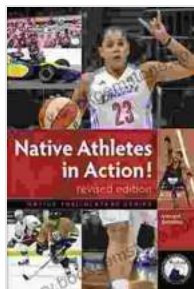
discrimination, and poverty. It will also help you appreciate the resilience and strength of the Native American spirit.

This book is a must-read for anyone who wants to learn more about the Native American experience. It is a celebration of the Native American spirit and a reminder that anything is possible with hard work and determination.

Native Athletes in Action Revised Edition is a must-read for any athlete, coach, parent, or anyone who wants to learn more about the challenges and triumphs of Native American athletes. This book is full of inspiring stories, practical advice, and valuable insights that will help you reach your full potential on and off the field.

Order your copy of Native Athletes in Action Revised Edition today!

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