

# CST Test Practice Questions and Review for the Certified Surgical Technologist

## Overview

The Certified Surgical Technologist (CST) exam is a national certification that demonstrates a surgical technologist's knowledge and skills in the field. The exam is administered by the National Board of Surgical Technology and Surgical Assisting (NBSTSA). To become certified, candidates must pass a written exam that covers a wide range of topics, including:



## Flashcard Study System for the CST Exam: CST Test Practice Questions and Review for the Certified Surgical Technologist Exam by Aly Madhavji

★★★★☆ 4.1 out of 5

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Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 659 pages



- Surgical instrumentation
- Surgical procedures
- Sterilization and disinfection
- Patient care
- Ethics and professionalism

## **CST Test Practice Questions**

One of the best ways to prepare for the CST exam is to take practice questions. This will help you familiarize yourself with the format of the exam and the types of questions that you can expect. There are a variety of resources available online and in textbooks that provide CST practice questions.

Here are a few examples of CST practice questions:

1. Which of the following is the correct order for donning sterile gloves?
  - a) Place hand in glove, pull glove over fingers, roll cuff down
  - b) Place hand in glove, pull cuff up, pull glove over fingers
  - c) Roll cuff up, place hand in glove, pull glove over fingers
  - d) Pull cuff up, place hand in glove, roll cuff down
  
2. What is the purpose of the Mayo stand?
  - a) To hold instruments and supplies during surgery
  - b) To hold specimens during surgery
  - c) To hold waste materials during surgery
  - d) To hold the patient's chart during surgery
  
3. Which of the following is NOT a type of surgical incision?
  - a) Vertical
  - b) Horizontal
  - c) Oblique
  - d) Transverse

## **CST Review Materials**

In addition to taking practice questions, it is also important to review the material that will be covered on the CST exam. There are a number of

resources available online and in textbooks that provide comprehensive reviews of surgical technology. Some of the most popular resources include:

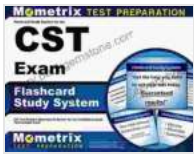
- *Surgical Technology for the Surgical Technologist: A Positive Approach*, 9th Edition by Elsevier
- *Mosby's Textbook for Surgical Technology*, 5th Edition by Elsevier
- *Surgical Technology Review: A Step-by-Step Study Guide*, 3rd Edition by Jones & Bartlett Learning

### **Expert Tips for Success**

In addition to preparing for the CST exam, there are a few other things that you can do to increase your chances of success:

- Get a good night's sleep before the exam.
- Eat a healthy breakfast on the day of the exam.
- Arrive at the testing center early.
- Read the instructions for each question carefully.
- Don't be afraid to guess if you don't know the answer to a question.
- If you have time, review your answers before submitting the exam.

The CST exam is a challenging but achievable goal. By following the tips outlined in this article, you can increase your chances of success. With hard work and dedication, you can become a Certified Surgical Technologist and start your career in the field of surgical technology.



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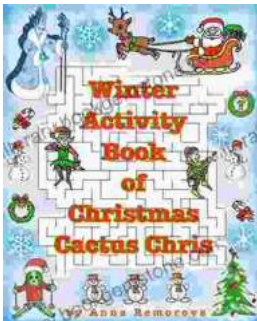
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